KIDSTRONG: MASTERING THE AMAZING TRIAL EXPERIENCE LECTURE

FACILITATOR GUIDE



How to Use This Guide

This guide will walk you through the KidStrong Amazing Trial Experience Lecture, your role as a facilitator, general facilitation considerations, and guidance for each step of the presentation.

YOUR ROLE AS A FACILITATOR

Defining "facilitator"

A facilitator is defined as "one who helps others learn or who helps make things easy." A facilitator helps participants collaborate as they explore a topic or issue. Their goal is to encourage participants to:

- Think productively and articulate key ideas
- Ask vital questions
- Uncover variables
- Find solutions
- Identify productive actions

Three Dimensions of the Facilitator's Role

A facilitator's role includes three general dimensions:

- To help the group move toward specific goals or outcomes
- To initiate, sustain, and assess a group process that is efficient and collaborative
- To involve all participants and reaffirm their contributions

Be a "Guide on the Side" instead of a "Sage on the Stage"

To improve content retention and engagement, be a "Guide on the Side." This type of facilitator delivers content focusing more on demonstration, discussion, and practice. According to the National Training Laboratory, these training methodologies encourage average retention rates between 30% and 90%. The "guide on the side" approach:

- Allows participants to explore and interact with each other
- Creates conditions for learning to happen
- Provides participants with advice, assistance, or correction
- Takes a "Learner-centered" approach

PREP AND SETUP

Pre-Session Facilitator Essentials

The facilitator must take care of some basics before beginning any learning experience.

In-person Experiences:

- 1. Ready the technology: Ensure all necessary technology and A/V equipment is present, tested, and optimally positioned for participant viewing.
- 2. Prepare the materials: Have all session materials (activities, writing tools, handouts, swag, etc.) readily available.
- 3. Optimize the space: Arrange the learning space to maximize engagement and participant flow.
- 4. Communicate with participants: Confirm that all participants receive pre-training notifications, reminders, agendas, and required readings or materials.

Virtual Experiences:

- Confirm the platform: Confirm the online platform (e.g., Zoom, Google Meet) and ensure meeting links are generated or created.
- Prepare the materials: Make sure all digital assets are accessible and clearly marked in the production cues. If applicable, confirm that participants have any necessary physical materials (e.g., writing tools, devices) in advance.
- Communicate with participants: Confirm that all participants receive pre-training notifications, reminders, agendas, and required readings or materials.
- Optional Coordinate production: Identify a producer, conduct a pre-session production meeting, and perform a dry run of the experience to ensure smooth delivery and clear cues.

Logistics:

Review program expectations and structures for the group at the beginning of your time together. This should be quick, taking no more than 3-4 minutes. Below are some recommendations for this discussion:

- Establish group norms, expectations, ground rules, and working agreements.
 - Ask participants to articulate expectations for the session.
 - Ask participants to express what they want to learn or get out of the session.
- Provide time for introductions if participants don't know one another.
 - Model introductions by keeping your own introduction warm, brief, personal, and humble.
 - Avoid letting introductions go on for too long. Not only can this eat up valuable time, but it can also impact energy levels when learners are at their freshest.

MASTERING THE ATE



Duration: 90 Minutes

Audience: KidStrong Center Leadership and Coaches undergoing ATE

Certification

Facilitator: Trained HQ Professional

Overall Objective: Participants will understand the purpose, structure, and expectations of the Advanced Practicals, recognizing how they build on foundational skills to test problem-solving and adaptability for ATE

certification.

Welcome!

Your
Journey to
ATE Excellence



Facilitator Notes:

Enthusiastically welcome participants to this training session.

SAY:

 "Hello everyone, and welcome to this pivotal session: Mastering the ATE - Advanced Practicals for Certification! We're thrilled to have you here, taking this final step on your journey to becoming a certified KidStrong ATE expert."

DO:

Set an energetic and professional tone.

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From Strong Foundations to Advanced Mastery

You've **trained** for this:

- ATE eLearning Completed
 In-Center Practicals Mastered
- Live ATEs Executed



Facilitator Notes:

SAY:

- "You've already put in incredible work. You've completed your ATE eLearning, building a solid understanding of the process. Many of you have already run your in-center Practicals, demonstrating the core steps, and some are actively executing live ATEs every day."
- "Today, we're taking that mastery to the next level."
- Acknowledge their hard work and dedication.

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The Purpose of Advanced Practicals

Why Advanced Practicals?

- Real-World Resilience
- Go Beyond Demonstration: Test
 Analysis & Problem-Solving
 Navigate Unique Situations &
- Reflect True ATE Expertise



Facilitator Notes:

SAY:

- "While your foundational Practicals focused on how to execute the perfect ATE step, Advanced Practicals go deeper. The real world isn't always perfect, right? Families have unique needs, and unexpected moments pop up."
- "These Advanced Practicals are designed to test your ability to analyze a situation, think critically, and problem-solve on the fly. It's about demonstrating your resilience and adaptability, navigating those unique situations and objections with confidence and KidStrong flair."

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Your Path to ATE Certification

Your Journey to ATE Expert Includes:

- Completion of All ATE Trainings
 Successful run of in-Center Practicals and evaluation of live Trial(s)
- Passing evaluation of Advanced Practicals

Facilitator Notes:

SAY:

- "Successfully completing and scoring well on these Advanced Practicals is a **key part of your Sales Certification**. Think of this as the final exam of your practical skills."
- "Coupled with your completion of all other ATE trainings like the eLearning courses you've taken - these Practicals will qualify you as a KidStrong ATE expert."

DO:

Emphasize the high standard and value of certification.

Specific details about the full certification criteria and ongoing requirements will be provided by KidStrong]

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Why the ATE Training Matters

Elevatina Excellence, Drivina Growth

- Ensures Consistent, World-Class ATE Delivery

 Empowers Center Leaders &
- Coaches with Advanced Skills
- Directly Impacts Member Acquisition & Retention



Facilitator Notes:

SAY:

- "Why does completion of all of the ATE training material matter? It's about elevating our entire network. Certified experts ensure a consistent, world-class ATE experience across all KidStrong centers."
- "It empowers you with the advanced skills to handle any scenario, directly impacting our member acquisition and retention, and

ultimately, the growth of our KidStrong family."

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What Makes Them "Advanced"?

Advanced Practicals: Analysis, Adaptability, Action!

- Familiar Structure: Still follow the 6 Steps of the ATE.
 New Challenge: Integrated "Audibles" & "Objections."
- Focused on your ability to:
- Analyze the unexpected situation.
 Problem-Solve on the fly.
- Problem-Solve on the fly.
 Adapt your strategy while maintaining KidStrong DNA.

Facilitator Notes:

SAY:

- "So, how do these Advanced Practicals differ from what you've done in your centers? The structure will feel familiar – they still relate to those 6 core steps of the ATE process you know so well."
- "The key difference is the integrated challenge. We're injecting those 'Audibles' and 'Objections' we've discussed directly into the scenario, creating real-world pressure points."
- "Your success will hinge on your analysis of the situation, your immediate problem-solving skills, and your ability to adapt your perfect ATE delivery while staying true to your KidStrong DNA."
- Engage audience: "Who's ready for a challenge?"

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Your KidStrong DNA in Action

Center Leadership DNA: Passionate, Leader, Strong Communicator, Community Builder, Emotionally Balanced, Results

Coach DNA: Passionate, Command Presence, Teacher, Professional, Performer, Mentor



Facilitator Notes:

SAY:

- "Remember your KidStrong DNA traits? These are your superpowers. In these Advanced Practicals, they won't just be characteristics; they'll be your navigational tools for solving problems."
- "We'll be looking for how your specific DNA traits for Center Leadership or Coach allow you to thrive under pressure and adapt your strategy effectively."
- Briefly remind participants which role (CL or Coach) is typically evaluated for which Practical (CL for P1 & P3, Coach for P2 & P3).
- Now, let's dive into each Practical.

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Advanced Practical 1: Overview

The Challenge: Deliver a world-class

welcome while managing a significant time crunch upon arrival and/or a child's initial hesitation.

Focus: Leader, Strong Commu Emotionally Balanced, Results Driven DNA.



Facilitator Notes:

SAY:

"Our first Advanced Practical focuses on that critical first impression. You'll be evaluated as **Center Leadership** here."

- "The challenge is immediate: managing a family arriving with very little time before class starts, or navigating a trial child who is visibly hesitant to join the floor."
- "We'll be observing how your Leader, Strong Communicator, Emotionally Balanced, and Results Driven DNA enable you to adapt and ensure a seamless, positive start."

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Advanced Practical 1: Step-by-Step Challenge

Part 1: Meet & Greet - The Time Crunch Welcome

- Challenge: Arrives 5 mins before class.
- Part 2: What is KidStrong? The Quick Value Proposition
- Challenge: Only 1-2 mins to convey value.
- Part 3: Class Walkthrough Overcome Hesitation & Build Comfort
- Challenge: Kid is visibly shy/reluctant to step on floor.

Facilitator Notes:

SAY:

- "Let's break down the specific challenges you'll face in this Practical."
- "In the **Meet & Greet**, the clock is ticking how do you make that essential first connection when time is almost gone?"
- "For **What is KidStrong?**, you'll have to distill our powerful message into a potent, lightning-fast overview."
- "And in the Class Walkthrough, your empathy and leadership will be tested as you guide a hesitant child and their concerned parent onto the blue floor."

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Advanced Practical 1: Demonstration



Facilitator Notes:

SAY:

- "Now, let's see what a successful execution of this Advanced Practical might look like."
- "I'll demonstrate, or we'll watch a video, showcasing how a certified ATE professional analyzes, adapts, and still delivers a world-class welcome under pressure."

DO:

- Perform a brief live role-play (or play a video) demonstrating the challenges and the successful adaptation for Advanced Practical 1. Focus on the CL's efficient movement, calm demeanor, concise communication, and empathy for the child.
- After demo: "Notice how the Leader's calm Emotionally Balanced DNA allowed them to think clearly under pressure, and their Strong Communicator DNA delivered the precise message needed in a very short time."

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Advanced Practical 2: Overview

Parent Check-Ins - Plus Challenges!

The Challenge: Engage a concerned or unsure parent, address concerns/objections, and reinforce value during class check-ins.

Focus: Teacher, Mentor, Professional, Strong Communicator, Emotionally Balanced DNA.



Facilitator Notes:

SAY:

- "Moving into the class, Advanced Practical 2 puts the spotlight on parent engagement. This is where you're evaluated as a Coach."
- "The challenge here is to not just check in, but to proactively engage a distracted parent or skillfully address a direct objection about our program's value or structure."
- "We'll be looking for how your Teacher, Mentor, Professional,
 Strong Communicator, and Emotionally Balanced DNA enables you to connect and overcome these hurdles."

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Advanced Practical 2: Step-by-Step Challenge

Part 1: Parent Check-In #1 - The Distracted Parent / Initial Concern

- Challenge: Parent distracted, expresses mild, general concern.

 Part 2: Parent Check-In #2 The Specific Objection / Closing Hesitation
- Challenge: Parent raises a direct, specific objection

Facilitator Notes:

SAY:

- "In the first check-in, your ability to cut through distraction and address a subtle concern will be key."
- "The second check-in demands precision: identifying a win, acknowledging a direct objection, investigating its root, and providing a powerful solution using the AIS framework."

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Advanced Practical 2: Demonstration



Facilitator Notes:

SAY:

- "Now, let's see what a successful execution of this Advanced Practical might look like."
- OR "Let's observe how a certified Coach handles these complex parent interactions."

DO:

- Perform a brief live role-play (or play a video) demonstrating the challenges and the successful adaptation for Advanced Practical 2.
 Focus on the Coach's ability to listen, ask clarifying questions, and deliver tailored solutions using AIS.
- After demo: "Notice the Coach's Strong Communicator DNA in asking those crucial investigative questions, and their Teacher DNA

in clearly explaining the 'why' behind our program model."

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Advanced Practical 3: Overview

Close & Onboard - under pressure!

The Challenge: Confidently close and onboard a family, navigating a significant objection (decision-maker absent, cost) and a time-constrained departure.





Facilitator Notes:

SAY:

- "Finally, our ultimate test: the close and onboarding under pressure.
 This will be evaluated as Center Leadership."
- "You'll face a family with a major objection at the point of decision, and they need to leave immediately. This demands precision and prioritization."
- "We're looking for your Results Driven, Strong Communicator, Emotionally Balanced, and Leader DNA to shine as you secure the member and ensure a smooth, if expedited, onboarding."

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Advanced Practical 3: Step-by-Step Challenge

Part 1: The Close - Navigating the Absent Decision-Maker / Cost Objection

- Challenge: Strong objection + need to leave immediately.

 Part 2: KidStrong Onboarding The Expedited & Empowered

 ...
- Challenge: Essential onboarding completed with limited time, other customers waiting.

Facilitator Notes:

SAY:

- "This Practical combines two high-stakes challenges into one."
- "In the **Close**, your AIS framework application must be lightning fast and effective under the pressure of their departure."
- "And for Onboarding, you'll need to prioritize essential steps, ensuring a welcoming experience even when it's incredibly brief."

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Advanced Practical 3: Demonstration



Facilitator Notes:

SAY:

"Let's watch an expert at work, bringing it all together."

DO:

- Perform a brief live role-play (or play a video) demonstrating the challenges and the successful adaptation for Advanced Practical 3.
 Focus on the CL's prioritization, confident objection handling, and efficient onboarding.
- After demo: "Observe the Leader's quick decision-making on what to prioritize, and the Results Driven focus on getting that

commitment and essential information despite the rush."

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Debrief & Key Takeaways

Recap: Analysis, Adaptability, Action Your DNA: Your Core Strength



Facilitator Notes:

SAY:

- "Fantastic job everyone! That was a lot to cover and experience."
- "The core takeaway today is that true ATE mastery isn't just about knowing the steps; it's about your ability to analyze, adapt, and take action when the unexpected happens."
- "Your KidStrong DNA traits are not just labels; they are the core strengths that empower you to navigate these complex scenarios."

DO:

• Open the floor for 1-2 quick questions.

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Your Journey Continues: Next Steps

- Review all ATE Training Modules (eLearning, Practicals)
- Schedule Your Official
 Advanced Practical Evaluation



Facilitator Notes:

SAY:

- "Your journey to Certification culminates with the successful completion of these Advanced Practicals."
- "We encourage you to review all ATE training modules. Your HQ evaluator will be in touch to schedule your official Advanced Practical Evaluation."
- "Thank you for your dedication to excellence and for being a true KidStrong professional!"

DO:

End with a high-energy closing.

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